## TERRINGTON ST CLEMENT COMMUNITY SCHOOL



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Dear Parents/Carers

All schools are required to fully implement the new Relationships, Sex and Health Education in September 2020. However, following a successful trial in Y6 last summer, we plan to start implementing this across the school after half term. In consultation with governors, we have put together a draft policy, outlining our approach and the content of our Relationship & Sex Education curriculum (RSE). A copy of this has been sent to you alongside this letter. We now wish to consult with parents about these lessons so that we can ensure that we are meeting the needs of our community.

The objective of RSE is to help and support children through their physical, emotional and moral development. An effective programme will be focused around helping children learn how to respect themselves and others and move with confidence from childhood through adolescence into adulthood, while keeping themselves safe.

The content taught is at an age appropriate level and will cover the following objectives:

**EYFS Objectives** - To consider the routines and patterns of a typical day; To understand why hygiene is important; To recognise that all families are different

<u>Year One Objectives -</u> To understand some basic hygiene principles; To know that babies become children and then adults; To know the differences between boy and girl babies; To explore different types of families; To know who to ask for help

<u>Year Two Objectives</u> - To identify some differences between males and females; To introduce the concept of gender stereotypes; To know some differences between male and female animals and that a male and female is needed to make a new life; To be able to name the male and female body parts











<u>Year Three Objectives</u> - To know the differences between males and females and name the body parts; To understand personal space; To identify different types of touch that people like and do not like; To explore different types of families; To know who to go to for help and support

<u>Year Four Objectives</u> - To describe the main stages of the human lifecycle (baby – toddler – child – teenager – adult – elder); To identify some basic facts about puberty and how this is linked to reproduction; To know about some of the physical and emotional changes that happen in puberty

<u>Year Five Objectives -</u> To explore the emotional and physical changes occurring in puberty; To know how to manage the changes that occur during puberty, including the importance of hygiene; To understand how puberty affects the reproductive organs; To explore ways to get support during puberty

<u>Year Six Objectives</u> - To know how and why the body changes during puberty; To explore different physical and emotional behaviour in relationships; To explore negative and positive ways of communicating in a relationship; To know how to keep safe online; To explore the process of conception and pregnancy

As parents/carers, you have the right to withdraw your child from content in the Sex Education curriculum which falls outside of the Science or Relationships curriculum. However in doing so, you are taking responsibility for ensuring that your child receives their entitlement to Sex Education through alternative means. If you wish to exercise your right to withdraw your child from these lessons, you are required to do so in writing. More information about this is in our policy.

In order to share the materials we plan to use and to gain feedback on our policy, we will be holding a drop in session which parents/carers are invited to attend on Wednesday 12<sup>th</sup> February from 2:20 to 3:10pm in the hall. This will provide you with an opportunity to see the resources which will be used within the lessons. Myself, Mrs Duncan (PSHE Leader) and Mrs Dymond (Y5/6 Phase leader) will also be available during these times to answer any questions that you may have. Alternatively, you may provide feedback on our policy in writing via the school office.

Yours sincerely

Miss A Conner Headteacher









