

Puberty, Relationships and Reproduction

Scheme of Work

Word Box: Womb, sperm, egg, conception, fertilisation, pregnancy, sexual intercourse, twins, fostering, adoption, relationship, friendship, love, consent, intimacy, communication, personal/private information, internet safety.

PSHE

Programme of Study

Core Theme 1:

Health and Wellbeing

- how their body will, and emotions may, change as they approach and move through puberty
- about human reproduction
- the importance of protecting personal information, including passwords, addresses and the distribution of images of themselves and others

Core theme 2: Relationships

- to be aware of different types of relationship, including those between friends and families, civil partnerships and marriage
- to recognise what constitutes positive healthy relationships and develop the skills to form them

Learning Intentions and Learning Outcomes

Learning Intention

To consider puberty and reproduction

Learning Outcomes

Describe how and why the body changes during puberty in preparation for reproduction
Talk about puberty and reproduction with confidence

Learning Intention

Consider physical & emotional behaviour in relationships

Learning Outcomes

Discuss different types of adult relationships with confidence
Know what form of touching is appropriate

Learning Intention

To explore the process of conception and pregnancy

Learning Outcomes

Describe the decisions that have to be made before having a baby
Know some basic facts about pregnancy and conception

Learning Intention

To explore positive and negative ways of communicating in a relationship

Learning Outcomes

To have considered when it is appropriate to share personal/private information in a relationship
To know how and where to get support if an online relationship goes wrong

Lesson Title

Lesson 1

[Puberty and Reproduction](#)

Resources

[Puberty Changes Teacher Guide](#)
[Puberty Body Part cards](#)
[Reproduction question sheet](#)
[Reproduction answer cards](#)
[Reproduction whiteboard summary](#)
[Additional Activities](#)
[Year 6 Puberty Problem Page](#)
[Year 6 Puberty Problem Page Cut-outs](#)
[Year 6 Puberty Problem Page Teacher Guide](#)

Lesson 2

[Understanding Relationships](#)

[Relationship pictures](#)

[Squares of paper/sticky notes](#)

[Anonymous Questions template](#)

[Additional Activities](#)

[How Babies are Made DVD programme: All About Us: Living and Growing Alternative, Unit 3 Programme 7.](#) <http://www.channel4learning.com/>

[How Does A Baby Start? cards](#)

[How Does A Baby Start? whiteboard summary](#)

[Anonymous Questions from previous lesson](#)

[Additional Activities](#)

[Conception and Pregnancy statements](#)

[Conception and Pregnancy Quiz](#)

[Conception and Pregnancy Quiz Answers](#)

[Pictures of male and female reproductive organs](#)

[Model materials: dried spaghetti \(fallopian tubes\) and poppy seeds \(eggs\)](#)

Lesson 3

[Conception and Pregnancy](#)

[Relationship Question cards](#)

[Communication Scenario Cards](#)

[Communication Scenarios answers](#)

[Communication Scenarios whiteboard summary](#)

[Additional Activities](#)

[Film clip from \[www.thinkuknow.co.uk\]\(http://www.thinkuknow.co.uk\)](#)

Lesson 4

[Communicating in Relationships](#)