

TERRINGTON ST CLEMENT COMMUNITY SCHOOL



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10th February 2026

Dear Parents/Carers

All schools are required to fully implement the Relationships, Sex and Health Education as part of their curriculum. The objective of RSE is to help and support children through their physical, emotional and moral development. An effective programme will be focused around helping children learn how to respect themselves and others and move with confidence from childhood through adolescence into adulthood, while keeping themselves safe. Our learners will be studying this part of the curriculum over the next couple of half terms. For Y5&6 this will take place after Y6 SATS have been completed in May.

The content taught is at an age appropriate level and will cover the following objectives:

EYFS Objectives - To consider the routines and patterns of a typical day; To understand why hygiene is important; To recognise that all families are different

Year One Objectives - To understand some basic hygiene principles; To know that babies become children and then adults; To know the differences between boy and girl babies; To explore different types of families; To know who to ask for help

Year Two Objectives - To identify some differences between males and females; To introduce the concept of gender stereotypes; To know some differences between male and female animals and that a male and female is needed to make a new life; To be able to name the male and female body parts

Year Three Objectives - To know the differences between males and females and name the body parts; To understand personal space; To identify different types of touch that people like and do not like; To explore different types of families; To know who to go to for help and support

Year Four Objectives - To describe the main stages of the human lifecycle (baby – toddler – child – teenager – adult – elder); To identify some basic facts about puberty and how this is linked to reproduction; To know about some of the physical and emotional changes that happen in puberty

Year Five Objectives - To explore the emotional and physical changes occurring in puberty; To know how to manage the changes that occur during puberty, including the importance of hygiene; To understand how puberty affects the reproductive organs; To explore ways to get support during puberty

Year Six Objectives - To know how and why the body changes during puberty; To explore different physical and emotional behaviour in relationships; To explore negative and positive ways of communicating in a relationship; To know how to keep safe online; **To explore the process of conception and pregnancy**



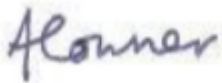
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As parents/carers, you have the right to withdraw your child from content in the Sex Education curriculum which falls outside of the Science or Relationships curriculum (highlighted in yellow). However, in doing so, you are taking responsibility for ensuring that your child receives their entitlement to Sex Education through alternative means. If you wish to exercise your right to withdraw your child from these lessons, you are required to do so in writing. More information about this is in our [RSE Policy](#) available on our website.

You should be aware that some of the pictures shared with the children do include nudity as this is required to teach about gender differences, puberty (Y4 up) and conception (Y6). All of the lessons will be taught sensitively and, in an age, appropriate format. Feedback from parents/carers who attended drop in sessions when this aspect of the curriculum was first introduced were overwhelmingly positive. As this took place some time ago, we have planned a drop in to view these materials again on **Monday 2nd March from 2.30pm** in the school hall. However, if you are unable to make this and would like to see the resources that will be used in your child's lessons, you can request this via the office and we will arrange another time for you to view these in the foyer.

Yours faithfully



Miss A Conner, Headteacher



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